Training Equipments | Other Equipment and Accessories for Fitness, Aerobics, Plyometrics and Pilates

Wooden proprioceptive board



Wooden proprioceptive board, available in different shapes:
- round with a diameter of Ø60cm
- rectangular with a central divider underneath (60x40cm)
- rectangular with rounded sides underneath (60x40cm)

Proprioceptive exercises aim to improve balance, coordination, and stability.

Visit our ‘Balls, Training Equipments and Other Accesories for Football and Futsal’ section for more information.
Visit our "Fitness, Aerobics and Bodybuilding" section for more information.

Vivisport Srl
Via Piave, 43
31016 Cordignano TV
Italia

mail: info@vivisport.it
tel: +39 0438 582316
tel: +39 0438 582318

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Variants:

Art. 9301

Round diameter Ø60cm

Art. 9303

Rectangular with a central divider underneath (60x40cm)

Art. 9305

Rectangular with rounded sides underneath (60x40cm)

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tel: +39 0438 582318

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