Training Equipments | Other Equipment and Accessories for Fitness, Aerobics, Plyometrics and Pilates

Traction system for running, belt with elastic cord 3m long.

Art. 2056



Traction system for running: belt with elastic cord 3 m long and maximum extension 9 m.

The rubber elastic cord contained in a safety sheath is equipped with carabiners for anchoring at both ends, and the athlete hooks onto it at hip level with the traction belt provided, which has a maximum circumference of 140 cm.

The length of the elastic cord allows the dynamic characteristics of the system to be fully exploited, with great flexibility in performing the exercises, for a complete workout.

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