

Plastic gymnastic stick, diameter Ø25mm, length 100cm

Art. 1069



Plastic stick with a diameter of Ø25mm and a length of 100cm. Ideal for athletic training, warm-up activities, exercises aimed at developing psychomotor skills and rehabilitation.

It can be used in combination with [30cm high cones](#) or [50cm high cones](#) equipped with special holes for insertion.